



Staff Profile

Name : Dr.R.Gowri Manohari
Position : Guest Lecturer
Department : Nutrition and Dietetics
Email : manosril@gmail.com
Phone : Mob:7708191683
Office Location : NKR Govt.Arts College for Women, Namakkal
Education : M.Sc.,M.Phil.,Ph.D

S.No	Degree	University	Year of Graduation
1	Ph.D (Food Science and Nutrition)	Periyar University, Salem	2019
2	M.Phil (Food Science and Nutrition)	Periyar University, Salem	2009
3	M.Sc (Food Science and Nutrition)	Periyar University, Salem	2008
4	B.Sc (Nutrition and Dietetics)	Bharathidasan University, Trichy	2006

Professional Experience:

S.No	Year	Position Held	Institution	Responsibility
1	2018-19	Guest Lecturer	Periyar University, Salem	Teaching B.voc Food Science and Nutrition
2	29.05.2019-20.01.2023	Assistant professor and Head	Vivekanandha Arts and Science College for Women, Sankari, Salem	Teaching UG &PG, Disciplinary Committee member, Swachh Bharath Committee Co-ordinator and Advisory Board committee in IQAC

3	23-01-2023 to till now	Guest Lecturer	N.K.R Govt Arts College for Women, Namakkal	Teaching UG, PG
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Research Interests:

- ❖ Interested Research Area is Food Science and Nutrition , Nutrition and Dietetics and Food Processing.
- ❖ Guided PG level Nutrition and Dietetics students

Publication:

ARTICLESPUBLICATIONS:

1. Characterization and Glycemic load of Ready to cook (RTC) Prebiotic flour Mixture: International Journal of Science and Nature, Vol.4(4):591-597.2013 (ISSN 2229 – 6441) .
2. Effect of Optimum Processing Conditions on Total Polyphenols, Antioxidant activity and FTIR Spectra of Kodo millet (*PaspalumScrobiculatum*), Bio physics (www.elixironlinejournals.org) (Refereed and Indexed Vol.32): 2029-2033, 2011, ISSN 2229-712X
3. Profile Optimization for the Determination of Pasting Properties of Bamboo Seed Flour, Indian Journal of Research in Food Science and Nutrition , Vol 1(2), 1-6, July-December-2014, ISSN (Online) : 2350-1006.
4. Preliminary Photochemical Analysis of Bamboo Seed, Review of Research Journal (UGC listed Journal, Volume 8, Issue 2, Nov-2018, Impact Factor 5.7631, ISSN 2249-894X.
5. Heritage foods opportunities and Challenges, published in Conference Proceedings, Sri Saradha College for Women, Salem- 16, Feb 21, 2009.

Awards and Honors:

1. Best Teacher Award from Magilam Tamil Sangam, (Teachers Day 2022), Salem on 11.09.2022.

Course Taught

B.SC Nutrition and Dietetics

1. Public Health Nutrition
2. Food Processing
3. Nutritional Biochemistry
4. Principles of Human Nutrition
5. Quantity Food Service and Physical Facilities
6. Food Product Development and Quality Control

7. Food Microbiology
8. Practical's and Internship

M.SC Nutrition and Dietetics

1. Human Nutrition 1
2. Food Analysis Practical
3. Diet in Disease
4. Nutrition in Exercise and Sports
5. Nutraceuticals and Functional Foods
6. Dissertation and Viva Voce

Professional Member ship

1. Nutrition Society of India- Life Member
2. Indian Science Congress

Project and Grants - Nil

Contact Information

Office Hours : 10A.m to 05 P.M

Office Phone :04286-221152

Email :nkracw@rediffmail.com

Website : www.nkracw.org